



SBAR COMMUNICATION TECHNIQUE FOR PATIENTS AND ADVOCATES

S Situation

I am _____ (state your name)

I am the _____ (relative, advocate, friend, Medical Power of Attorney)
for _____ (state patient's name)

I am concerned about _____

B Background

The patient came to the hospital because _____

The patient's diagnosis is _____ or is unknown at this time

The patient's physical or mental limitations are _____
(**Examples:** dementia, hearing loss, difficulty walking, unable to communicate, language barriers)

The patient is _____ (**Examples:** on oxygen, receiving new medications, having procedures or surgery, awaiting test results)

A Assessment

New symptoms I have noticed are _____

What has changed in the patient's condition is _____ (**Examples:** pain level, vital signs (blood pressure, temperature, pulse), breathing, mental status, color of skin, sweating, agitation, dizziness, lack of energy)

The patient seems to be _____
(**Examples:** stable, unstable, declining or deteriorating, in serious trouble)

R Request

I would like to discuss the following possible actions _____
(**Examples:** consultation/evaluation, a second opinion, calling the Attending Physician, scheduling a family meeting, additional tests or monitoring, transfer to another unit or facility)

If a change is ordered, how and when should I contact you if there is no improvement? _____